

GRAB
N' GO
MENU



SEEDLING AND SAGE

BOXES, BENTOS AND BOWLS

All boxes, bentos and bowls require a 5 piece minimum per flavor/selection.

15 person minimum.

BOX SANDWICHES \$16.95

The Boxed Lunch Includes: Sandwich, Side, Whole Fruit, And A Cookie.

CLASSIC ROAST BEEF | Cheddar Cheese, Creamy Horseradish Aioli, Tasty Caramelized Onions

CHICKEN SALAD | Try One: Traditional or Orange Pecan

CHIMICHURRI FLANK | Steak Cheddar, Greens, Chimichurri Relish, Sriracha Aioli

CHICKEN PESTO | Grilled Chicken Breast, Fresh Mozzarella, Red Peppers, Spinach, Pesto

HEALTHY HONEY WRAP | Carved Turkey Breast, Sprouts, Cucumber, Mozzarella, Tomatoes, Honey Mustard

CAPRESE FRESH MOZZARELLA | Tomato, Basil, Pesto (V)

PROTEIN BOWLS \$18

Includes whole fruit and cookie

GRILLED CHICKEN CAESAR | Grilled Chicken, Parmesan, Croutons, Romaine, Kale

SEARED SALMON | Grape Tomatoes, Cucumber, Feta, Quinoa, Spinach, Greek Vinaigrette

SUPERFOOD | Spinach, Kale, Avocado, Quinoa, Peppers, Almond Slivers, Chia Seeds, Apples, Strawberry Basil Vinaigrette

FARM TO BAR CRAFT COCKTAIL 16 OZ MIXERS \$25

**Low calorie, all natural, additive-free! Just mix with your favorite libation or as recommended below*

SAIGON SOUR

Vietnamese Cinnamon, Lime, Yuzu Citrus, Cucumber, and Citrus Bitters -Add Vodka

FLOWER BOMB

Hibiscus, Peony, Spanish Orange and Lime -Add Tequila

KNUCKLE SANDWICH

Mango, Morita Chile and Fresh Lime~Add Vodka

These farm-to-bar cocktail mixes made exclusively for Seedling + Sage Catering by 13th Street Cocktails

**Just 35 calories per serving.*

WWW.SEEDLINGANDSAGE.COM

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BENTOS

Includes Seasonal Vegetable And Side, Served Room Temperature.

HONEY PECAN CHICKEN | Pecan Crusted Chicken, Honey Drizzle, Served Over Wilted Spinach, Asparagus, Grape Tomatoes \$18

ACHIOTE ROASTED SALMON | Papaya, Grilled Pineapple, Baby Spinach \$20

PETITE TENDERLOIN | Sliced Beef Tenderloin, Porcini Infused Demi Glace \$22

LEMON ROSEMARY GRILLED CHICKEN | Garlic Herb Drizzle \$16

SPINACH QUINOA STUFFED PEPPER | Black Beans, Cumin, Quinoa, Avocado Crema \$18 V

LEMON BALSAMIC FARFALLE | Seasonal Vegetables \$16 V

HAPPY HOUR BENTOS

ARTISAN CHEESE | Manchego, Seasonal Berry Crusted Goat Cheese And Domestic Cheeses, Almonds, Dried Fruit, Crackers \$8

SEASONAL VEGGIE COUTURE | Grilled & Raw Seasonal Veggies, Spinach Dip \$10

MEDITERRANEAN HUMMUS

Feta, Olives, Cucumber, Grape Tomatoes, Toasted Naan \$12

SIDE DISHES

(Select One)

Sea Salt Potato Chips

Lemony Farfalle

Pasta Salad

Traditional Potato Salad

Caesar Salad

Greek Salad

Tomatoes, Feta,

Chick Peas, Olives,

Cucumbers

ADD ONS

Flavored Sparkling

Water Can \$2

Bottled Iced Tea or

Lemonade \$3

Bottled Water \$2

Kettle Chips \$2

Bamboo Plates \$1

Cups \$.50

Bamboo Platters \$3

Wire Rack and Sterno \$10

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